

# **November is Diabetes Month and November 14<sup>th</sup> is World Diabetes Day**

**“WEAR BLUE TO SUPPORT THOSE WITH DIABETES”**

*“Wear Blue” is an initiative to bring attention to World Diabetes Day and to advocate and bring awareness for diabetes and the people living with it. Diabetes is more than a national issue, it’s a world of epidemic!*

The Diabetes Program is asking people to **WEAR BLUE** every **Monday** during the **month of November** and to participate by **testing your blood sugar and blood pressure.**

**The Diabetes Program staff will be available for screening**

**on**

**MONDAYS in NOVEMBER**

**9:00am – 11:00am**

**SR Fitness Center**

